



COUNTDOWN CALENDAR

1 Feb

The NHS began on 5 July 1948 - over 75 years of caring for the nation!

2 The NHS is one of the biggest free health services in the world.	3 About 1.5 million people work for the NHS - enough to fill 15 Wembley Stadiums!	4 Around 1,500 babies are born in NHS hospitals every day.	5 There are over 350 NHS jobs , including doctors, nurses, scientists, cooks, and IT experts.	6 The NHS helps more than 1.7 million people every single day.	7 Ambulances respond to over 25,000 emergency calls every day.	8 The NHS is one of the few health services that still provides care for free .
9 Children, pregnant women, and older people often get free dental and eye care .	10 The NHS spends billions every year keeping people healthy.	11 The NHS is the biggest employer in Europe and one of the largest in the world.	12 The NHS helps fight major health emergencies, including COVID-19 .	13  Paramedics carry life-saving kit like oxygen masks and heart monitors .	14 Radiographers take amazing inside the body images using X-rays and scanners .	15 Some operations can last over ten hours .
16 Physiotherapists help people move again using exercises, and even water therapy pools .	17 Pharmacists are medicine experts who manage thousands of treatments safely.	18 Dentists keep teeth healthy using tiny tools that fit inside your mouth.	19 Biomedical scientists analyse blood using microscopes and high tech machines.	20 IT specialists keep hospital computers running and build apps for faster care .	21 Porters walk miles each day moving patients, equipment, and beds.	22 Dietitians design healthy eating plans that help people recover faster.
23 Hospital gardeners create calm outdoor spaces and grow food for nutritious meals.	24 Anaesthetists use high tech machines to keep patients pain-free during surgery .	25 Prosthetists design advanced artificial limbs that can move using muscle signals.	26 Helicopter paramedics fly to emergencies fast - even landing on roads or mountains .	27 Clinical engineers keep vital hospital machines like X ray scanners working perfectly.	28 Podiatrists treat feet and ankle problems and help people walk without pain.	1 Mar Orthoptists help fix eye problems using exercises and special glasses .
2 England has over 3,000 operating theatres .	3 Neonatal nurses care for tiny premature babies - some lighter than a bag of sugar .	4 Audiologists help people hear better with hearing aids and special hearing tests .	5 NHS coders turn patient info into data that helps plan future care.	6 Speech and language therapists help people talk and swallow using fun games and tools.	7 NHS cleaners keep operating theatres spotless with strict anti germ routines .	8 Children get important vaccinations - six before school plus a yearly flu jab .
9 Last year's competition winner designed a colourful poster about NHS careers .	10 The Step into the NHS competition has been running for seven years .	11 During Step into the NHS Day, you can meet real NHS staff and ask about their jobs .	12 Step into the NHS Day has run for three years, with 38,100 pupils joining last year.			

